全品
— SINCE 1992 —

教育图书 功能学具 学生之家

基础教育行业专研品牌

30+年专注教育行业

全品学练考

主编 肖德好

练习册

高中英语

选择性必修第三册

长江出版传媒
崇文書局

全品
— SINCE 1992 —

教育图书 功能学具 学生之家

基础教育行业专研品牌

30+年专注教育行业

全品学练考

主编 肖德好

练习册

高中英语

选择性必修第三册

本册主编：訾改清
副 主 编：杨晓丽
编　　者：魏如芳　郑红霞　赵　青
　　靳红新　白利彬　张嘉毅
特约主审：赵文华

长江出版传媒
崇文書局

01 培养核心素养，探究主题意义

Unit 1 ART

主题素养积累

你听说过《蒙娜丽莎》吗？知道它是谁的名作吗？让我们一起来了解一下吧！



She is widely seen as proof that good looks can last forever. But at over 500 years of age, time is **catching up with** *Mona Lisa*.

The health of the famous picture, painted by Leonardo da Vinci (莱昂纳多·达·芬奇) during 1503-1506, is **getting worse by the year**, according to the Louvre Museum (卢浮宫博物馆) where it is **housed**. "The thin, wooden panel (嵌板) on which *Mona Lisa* is painted in oils has lost its shape since experts checked it two years ago," the museum said. Visitors have noticed the change but repairing the world's most famous painting is not easy. Experts are not sure about the materials **him until his death, and it was eventually sold to France's King Francis Ⅰ in 1519**.

In 1911, the painting was stolen from the Louvre Museum by a former employee, who took it out of the museum hiding it under his coat. He said he had planned to return it to Italy. The painting was sent back to France two years later.

During World War Ⅱ, the French hid the painting in small towns to keep it out of the hands of German forces.

Like many old ladies, Mona Lisa has some interesting stories to tell.

【主题词句背诵】

1. catch up with 赶上，追上

2. get worse by the year 一年比一年差

3. house *v*. 安置，容纳；把……储藏在房内

4. pick up details 捕捉细节

5. She is widely seen as proof that good looks can last forever.
她被广泛视为美貌可以永存的证据。

6. It is very interesting that when you're not looking at her, she seems to be smiling, and then

02 夯实语言基础，搭建知识框架

词汇点睛

1. in particular 尤其；特别

(教材 P2) **In particular**, his paintings are set apart from other paintings by their realistic human faces and deep emotional impact.
他的绘画作品尤其因逼真的人脸和强烈的情感冲击而有别于其他绘画作品。

(1)particular *adj*.	特别的；特定的；格外的
be particular about...	对……讲究、挑剔
(2)particularly(=in particular) *adv*.	特别，尤其；特别地；明确地

【佳句背诵】

[北师版必修一 U2] As people often say, any exercise is better than none, but long-distance running **in particular** has a lot of benefits.

句型透视

1. (教材 P2) **While his paintings still had religious themes, they showed real people in a real environment.** 他的画虽然仍然有宗教主题，但它们展示了真实环境中的真实人物。

句型公式

while 引导的让步状语从句

【句式点拨】

while 引导的让步状语从句常置于句首，while 的意思相当于 although/though，意为"虽然，尽管"。此外，while 还可以引导时间状语从句，意为"当……时"，或用作并列连词，表示前后分句的对比，意为"而……"。

【归纳拓展】

引导让步状语从句的其他表达：

03 多维度设置练习，精选语篇，针对有效

课内基础巩固

Ⅰ 品句识词(每小题1分，满分5分)

1. He has held a high **rank** in the company for over a decade, earning great respect. _____
2. Early computers were **primitive** compared to today's advanced machines. _____
3. Before you make a **purchase**, compare prices online to get the best deal. _____
4. The sun **emerged** from behind the clouds, casting a warm glow over the field. _____
5. The store adjusts its products constantly so that it can offer better service to its regular _____ (日出) was indeed a spectacle.
7. He was an upright and _____ (崇高的) man who was always willing to help in any way he could.
8. The mistakes were corrected in a _____ (随后的) edition of the book.

Ⅲ 短语填空(每小题2分，满分12分)

1. The Tang emperors _____ (喜欢) horses greatly, which meant that the animal was a frequent subject for artists.
2. Students who _____

课后素养提升

Ⅳ 阅读理解(每小题2.5分，满分10分)

[2026·浙江宁波高二期末]

It is an extremely confusing time for anyone with a creative career. For months, I have been troubled by my unsold manuscripts, my family's repeated advice to choose a "practical" major, and the fear that writing may never provide a steady living. It feels like jobs like writing have become more like a fantasy than a realistic career. But what truly unsettles me at the very core is the rapid rise of AI, leaving me constantly struggling to figure out what unique value my works can contribute to society.

It is a concern I cannot easily share with my loved ones, because they would encourage me no matter how difficult the reality is. Admittedly, I'm glad that they do, and I'm glad

Indeed, art is what has defined humans across our existence. My writing, wherever it ends up taking me, has value in its creation. All the millions of short films unwatched, songs unlistened to, and stories unread have value because someone took the time to make them. That has to be worth something. So I keep writing.

( )**1**. What worries the author most according to Paragraph 1?
A. The pressure to choose a major.
B. The failure to sell written works.
C. The difficulty of earning a living.
D. The value of his art in the AI age.

( )**2**. Why doesn't the author share his concern with his loved ones?
A. Their support may sound unreliable.
B. Their views may differ from his career

04 重视新高考写作，熟练高考新题型

Ⅳ 写作

第一节 应用文写作(满分15分)

假定你是李华，你市文化中心将于5月1日在美术馆举办一场中国水墨画(Chinese ink wash painting)画展，请你以市文化中心的名义写一则通知，告知你校的外国交换生前来看展。内容包括：

1. 展览时间、地点；
2. 展览内容；
3. 注意事项。

注意：写作词数应为80个左右。

Notice

_____

第二节 读后续写(满分25分)

[2026·山东济南高二期中]

阅读下面材料，根据其内容和所给段落开头语续写两段，使之构成一篇完整的短文。

It was Mum's birthday, and a cold, snowy afternoon. The snow had been falling steadily outside the art room of my school, blanketing the playground in white. I'd stayed late to finish a drawing for her, determined to make it perfect. I'd worked for hours, carefully sketching every detail—the playful expression of our puppy Daisy, the delicate petals (花瓣) of Mum's favourite flowers, and the happy,

CONTENTS 目录

01 Unit 1 ART

Period One Reading and Thinking—Comprehension 001
Period Two Reading and Thinking—Language points 004
Period Three Learning About Language (Grammar) 007
Period Four Using Language 010
Period Five Writing 013
单元小测（Unit 1） 016

02 Unit 2 HEALTHY LIFESTYLE

Period One Reading and Thinking—Comprehension 019
Period Two Reading and Thinking—Language points 022
Period Three Learning About Language (Grammar) 025
Period Four Using Language 028
Period Five Writing 031
单元小测（Unit 2） 034

03 Unit 3 ENVIRONMENTAL PROTECTION

Period One Reading and Thinking—Comprehension 037
Period Two Reading and Thinking—Language points 040
Period Three Learning About Language (Grammar) 043
Period Four Using Language 046
Period Five Writing 049
单元小测（Unit 3） 052

04 Unit 4 ADVERSITY AND COURAGE

Period One Reading and Thinking—Comprehension ····· 055
Period Two Reading and Thinking—Language points ····· 058
Period Three Learning About Language (Grammar) ····· 061
Period Four Using Language ····· 064
Period Five Writing ····· 067
单元小测（Unit 4） ····· 070

05 Unit 5 POEMS

Period One Reading and Thinking—Comprehension ····· 073
Period Two Reading and Thinking—Language points ····· 076
Period Three Learning About Language (Grammar) ····· 079
Period Four Using Language ····· 082
Period Five Writing ····· 085
单元小测（Unit 5） ····· 088

M 默写本

Unit 1 ART ····· 默 001
Unit 2 HEALTHY LIFESTYLE ····· 默 004
Unit 3 ENVIRONMENTAL PROTECTION ····· 默 008
Unit 4 ADVERSITY AND COURAGE ····· 默 011
Unit 5 POEMS ····· 默 014
参考答案 ····· 默 017

■ **参考答案**（练习册）[另附分册 P091～P122]　　■ **导学案** [另附分册 P123～P208]

>> 测 评 卷

单元素养测评卷（一）[Unit 1] ····· 卷 001
单元素养测评卷（二）[Unit 2] ····· 卷 005
单元素养测评卷（三）[Unit 3] ····· 卷 009
单元素养测评卷（四）[Unit 4] ····· 卷 013
单元素养测评卷（五）[Unit 5] ····· 卷 017
模块素养测评卷 [Units 1-5] ····· 卷 021

参考答案 ····· 卷 025

■ **另附主题读写**

Unit 1 ART

★ 提示：加底纹词汇为复现词汇

Period One Reading and Thinking—Comprehension

课内基础巩固

Ⅰ 品句识词（每小题 1 分，满分 5 分）

1. He has held a high **rank** in the company for over a decade, earning great respect. _____
2. Early computers were **primitive** compared to today's advanced machines. _____
3. Before you make a **purchase**, compare prices online to get the best deal. _____
4. The sun **emerged** from behind the clouds, casting a warm glow over the field. _____
5. The store adjusts its products constantly so that it can offer better service to its regular **clients**. _____

Ⅱ 单词拼写（每小题 1 分，满分 8 分）

1. She had been working hard on the presents and ensuring every child would get _____（准确地）what they wanted.
2. Setting _____（现实的）goals for self-improvement helps maintain consistency without burnout.
3. Their team entered the finals, making a historic _____（突破）.
4. During her film career, she acquired a _____（名声）as a strong-willed, outspoken woman.
5. There's been a significant _____（投资）of time and energy in order to make the project a success.
6. Viewed from the top of Mount Tai, the _____（日出）was indeed a spectacle.
7. He was an upright and _____（崇高的）man who was always willing to help in any way he could.
8. The mistakes were corrected in a _____（随后的）edition of the book.

Ⅲ 短语填空（每小题 2 分，满分 12 分）

1. The Tang emperors _____（喜欢）horses greatly, which meant that the animal was a frequent subject for artists.
2. Students who _____（采取积极的态度）towards learning tend to achieve better academic results.
3. In recent years, students' learning methods _____ reciting blindly _____（从……转变到……）understanding and thinking independently.
4. With the development of technology, many things which only _____（存在于）science fiction are brought into our daily life.
5. He _____（对……着迷）the beauty and liveliness of nature, so he desired to become a great painter.
6. We're trying to raise awareness of the environment in general and air pollution _____（尤其，特别）.

课后素养提升

Ⅳ 阅读理解(每小题2.5分,满分10分)

[2026·浙江宁波高二期末]

It is an extremely confusing time for anyone with a creative career. For months, I have been troubled by my unsold manuscripts, my family's repeated advice to choose a "practical" major, and the fear that writing may never provide a steady living. It feels like jobs like writing have become more like a fantasy than a realistic career. But what truly unsettles me at the very core is the rapid rise of AI, leaving me constantly struggling to figure out what unique value my works can contribute to society.

It is a concern I cannot easily share with my loved ones, because they would encourage me no matter how difficult the reality is. Admittedly, I'm glad that they do, and I'm glad that people think I am talented in writing, but it also makes me wonder if they really believe it. Though I have no financial pressure, I long to live independently and earn a stable income. I am unwilling to spend my life doing work I do not care about, and I still hope for a more meaningful future.

I am passionate about writing music criticism and essays, but I keep asking myself: Is art essential to society? After reading Sigrid Nunez's novel *The Friend*, I began to reflect on the true meaning of being a writer. The book explores whether creating art is selfish and compares art's value with practical careers like farmers or doctors, who offer concrete help to others. We certainly all consume art, and I think everyone has some work of art that has personal value to them, but it is hard to defend art's value when compared with the direct help offered by farmers or nurses, to name but a few. These are careers that provide direct and definite aid to real people, whereas the potential benefits of art are sort of invisible.

Indeed, art is what has defined humans across our existence. My writing, wherever it ends up taking me, has value in its creation. All the millions of short films unwatched, songs unlistened to, and stories unread have value because someone took the time to make them. That has to be worth something. So I keep writing.

( )**1**. What worries the author most according to Paragraph 1?

A. The pressure to choose a major.
B. The failure to sell written works.
C. The difficulty of earning a living.
D. The value of his art in the AI age.

( )**2**. Why doesn't the author share his concern with his loved ones?

A. Their support may sound unreliable.
B. Their views may differ from his career plan.
C. Their encouragement may add to his pressure.
D. Their words may remind him of financial risks.

( )**3**. What does Paragraph 3 mainly suggest?

A. Practical jobs matter more than art.
B. Art's social value can be hard to recognize.
C. Personal passion can prove art's worth.
D. Creative work should serve practical needs.

( )**4**. Which of the following best describes the author?

A. Reflective. B. Responsible.
C. Self-disciplined. D. Hard-working.

Ⅴ 阅读七选五(每小题2.5分,满分12.5分)

[2025·福建福州高二期中联考改编]

Art has always been a mirror reflecting human culture. From ancient cave paintings to digital works, it carries emotions, records history, and challenges perspectives. 1. _____ Let's explore how different art forms shape our world.

2. _____ Van Gogh's swirling stars in *The Starry Night*, for instance, translate inner disturbance into visible beauty, while Picasso's *Guernica* uses twisted shapes to show the pain of conflict. Meanwhile, modern street art transforms urban spaces into open galleries, proving art isn't limited to museums.

Performance art demands physical presence from both creators and viewers. 3. _____ A dancer's leap or an actor's speech creates instant emotional connections with audiences. This live connection makes performance art good for discussing social issues, like plays about fairness between different groups.

Literature, however, lives through imagination. 4. _____ When reading Shakespeare's *Hamlet*, we don't see detailed stage designs, yet vivid scenes form in our minds—the dark castle or Hamlet's troubled face. This mental co-creation between writer and reader is literature's unique magic.

The educational value of art is increasingly recognized in schools worldwide. Studies show students engaged in the arts develop better critical thinking and care more about others' feelings. Beyond personal growth, public art projects can unite communities. 5. _____

Art is not a luxury but a necessity. It questions, heals, and connects—making life deeper than mere existence and turning everyday life into something meaningful.

A. Unlike visual arts, it requires us to actively construct meaning.

B. Visual arts like painting and sculpture allow us to "see" emotions.

C. Digital art combines traditional techniques with cutting-edge technology.

D. Music streaming platforms have made classical compositions more accessible.

E. Unlike still visual arts, the form, such as theatre, is based on live interactions.

F. Every culture, regardless of its technological advancement, has artistic expressions.

G. A mural (壁画) painted collectively by neighbourhood residents, for example, fosters shared identity and dialogue.

Ⅵ 语法填空(每小题1.5分,满分15分)

[2025·广东深圳外国语学校高二期中]

Painter Feng Zikai(1898-1975) recalled his childhood enlightenment as he learned about painting in his article 1. _____ (pen) in 1934. When he studied Chinese poetry and the *Three-Character Classic*, he found himself, instead of 2. _____ (catch) by the text, seized by the illustrations. These images were so 3. _____ (impress) that he began colouring them using paints from his family's dyehouse (染坊).

"The children new to school enjoy colouring images in textbooks," says Li Hongbo, 4. _____ art professor at Jilin Normal University. "They may have limited understanding of colours, but they often take pride in their creations and find endless pleasure from such activities. These 5. _____ (phenomenon) can serve as a gateway for children to learn about painting 6. _____ reveal that textbooks from other subjects can contribute to the fundamental fine arts education," says Li.

Feng's story 7. _____ (show) visibly in the ongoing Mirror to the Future: Chinese Basic Art Education Literature Exhibition, 8. _____ highlight is to show the development of the country's fundamental fine arts education since 1904. This exhibition displays the rich value of fine arts education in enhancing the ability to appreciate beauty, cultivate the soul and stimulate innovation. It also makes possible the 9. _____ (integrate) of the rich resources into the field of education, giving full play to 10. _____ (they) roles of preserving history and educating people.

班级

姓名

题号 答题区

阅读理解

1

2

3

4

七选五

1

2

3

4

5

Period Two　Reading and Thinking—Language points

课内基础巩固

Ⅰ 单句填空(每小题1.5分,满分15分)

1. China is a rapidly growing developing country and its voice is _____ (influence).
2. This historic site _____ (rank) among the most visited tourist attractions in Europe.
3. The craftsman perfects wooden artworks with great _____ (precise) to show all natural details clearly.
4. She wrote a heartfelt letter _____ (convey) her gratitude for his support.
5. If you can set _____ (realism) goals, you are most likely to achieve them.
6. Be sure to give all the _____ (client) what they need. No more, no less.
7. Not only am I interested in _____ (photograph), but I took an amateur course at university to update my skills.
8. Sometimes our opinions are _____ (subject), so we'd better think twice before making a decision.
9. The sudden _____ (emerge) of AI chatbots has transformed how people access information and solve problems.
10. She first studied biology at university, _____ (subsequent) pursuing a master's degree in environmental science.

Ⅱ 短语填空(每小题2分,满分16分)

1. It was a good concert—I enjoyed the last song _____ (尤其,特别).
2. His use of language _____ (使他与众不同) other modern writers.
3. Instead of speaking, he stood there _____ (盯着……看,凝视) me, full of doubt.
4. He spent his spare time visiting sick children in hospitals and doing many other good things, and soon _____ (获得名声).
5. Many tourists _____ (喜欢) exploring local markets when visiting a new city.
6. Things like parents' educational background _____ (对……有影响) a child's reading.
7. Luckily and happily, so far the scientists _____ (取得突破) in curing this kind of rare disease.
8. After years of working in hospitals, she _____ (转向) voluntary work to help poor kids in villages.

Ⅲ 句型训练(每小题3分,满分12分)

1. _____, she threw her hands and legs into the water and tried to get close to Richard and grab his hand. (while) 她尽管很害怕,还是手脚并用跳进水里,试图靠近理查德并抓住他的手。
2. _____ _____, we can travel across half of China overnight. (as引导的状语从句)
由于高铁给我们的生活带来了极大的便利,我们可以在一夜之间穿越半个中国。
3. _____ is courage, which helps me walk out of fear and bravely embrace all challenges ahead. (what引导的主语从句)我从这次活动中获得的是勇气,它助我走出恐惧,勇敢迎接前路所有挑战。
4. _____ _____. (not just…but…as well) 她不仅能说流利的英语和西班牙语,还在学习日语。

课后素养提升

Ⅳ 阅读理解(每小题2.5分,满分10分)

[2026·河北廊坊高二期中]

In early 2023, the editors of *The Journal of the American Medical Association* (*JAMA*) decided to not only include poems in their highly respected professional publication but also publish commentaries analysing each poem's theme, context, and relevance to physical or mental health. This decision was based on several studies showing that beyond enjoyment and entertainment, both patients and their healthcare providers can find comfort and meaning in poetry.

Though poetry falls under the humanities, and often focuses on the themes of love and nature, it has a strong historical link to science and medicine. In fact, several well-known poets, most notably John Keats and William Carlos Williams, were also practising physicians, transforming the pain they witnessed and experienced into beautiful written works. Similarly, many novelists and writers, including John Updike and Clive James, turned to poetry to express themselves when they fell ill.

In a study aiming to promote empathy (同理心) in mental healthcare, over 90 psychiatric (精神科的) nursing students were asked to write simple poems about their feelings towards mental health and related services. Their writings mostly reflected emotions like sadness, fear, suffering, and hatred. At the same time, the researchers found common themes of peace, respect, empathy, pride, affection, and love in the students' poetry.

Such a task of students' work helps medical educators improve students' viewpoint on mental illness, convey mentally-ill patients' deep emotional needs, enhance students' empathy, and support their personal and professional growth by suggesting interventions that address both clinical concerns and patients' innermost feelings.

As a form of artistic expression and emotional revelation, poetry encourages self-reflection, promotes self-awareness, and lightens bad emotions. Poetry therapist (治疗师) Geraldine Chavis, former president of the National Association for Poetry Therapy, has long used reading and writing poetry and other forms of literature to help clients express and identify their feelings and actively participate in creative problem-solving of their issues. "Poetry therapists recognize that an untold number of poets are unconsciously acting as consultants for people they will never meet or see," she said.

( )**1**. Why did the editors of *JAMA* decide to include poems and commentaries in their publication?

A. To increase the journal's popularity.

B. To promote the spread of poetry culture.

C. To convey pleasure and emotional support.

D. To meet the demand of medical workers.

( )**2**. What's the primary purpose of Paragraph 2?

A. To demonstrate a previous argument.

B. To add more background information.

C. To stress poets' contribution to medicine.

D. To explain the development of poetry.

( )**3**. How does writing poems benefit medical education according to the text?

A. It improves teacher-student relationships.

B. It can lower students' homework burden.

C. It makes students strict with their practice.

D. It helps students understand patients better.

( )**4**. Which of the following statements may Geraldine Chavis agree with?

A. Poetry is a valuable healing tool.

B. Poets tend to have no mental disorders.

C. Poets are the most professional therapists.

D. Writing poetry requires careful instruction.

Ⅴ 完形填空(每小题1分,满分15分)

[2025·四川成都七中高二期中]

I grew up in poverty, and that was pretty obvious to all my teachers. In Grade 8, I won a contest for __1__ the yearbook cover, securing my __2__ as "that one art kid" in my class. I made the design with random pencils and crayons in the classroom, because I didn't have any of my own.

My teachers noticed I __3__ enjoyed making art, because there would always be doodles (涂鸦) in my notes. Everyone wanted to __4__ with me in any assignment requiring __5__.

Well, one day I was told to meet with the guidance counsellor (辅导员). My mind raced with __6__, thinking, "What could I possibly have done wrong?" But when I got there, there was a huge, wrapped box on the table. The counsellor told me it was for me and __7__ me to open it. It was full of art __8__: coloured pencils, pens, etc.

I remember __9__ and crying. I asked who got it for me and the counsellor told me "Mr Good". I insisted on knowing who it was so I could __10__ them. She refused to tell me. Those gifts helped me create art for years to come and I graduated with the __11__—Most Artistic Person.

I get all __12__ thinking about this every now and then. Those supplies were not just tools for drawing—they were a(n) __13__ of hope and belief in me. That simple act of kindness __14__ a seed that has grown into a lifelong __15__ for art.

( )**1**. A. designing B. judging C. introducing D. discovering

( )**2**. A. privacy B. safety C. place D. future

( )**3**. A. suddenly B. gradually C. barely D. really

( )**4**. A. debate B. pair C. compare D. negotiate

( )**5**. A. speaking B. writing C. drawing D. reading

( )**6**. A. worry B. sympathy C. anger D. sadness

( )**7**. A. directed B. forced C. encouraged D. ordered

( )**8**. A. commercials B. supplies C. paintings D. brochures

( )**9**. A. breaking down B. pulling through C. hanging out D. showing up

( )**10**. A. accept B. support C. thank D. recognize

( )**11**. A. assignment B. honour C. reward D. anticipation

( )**12**. A. misty-eyed B. clear-headed C. sharp-eared D. tight-lipped

( )**13**. A. track B. summary C. absence D. symbol

( )**14**. A. moved B. lent C. sowed D. wrapped

( )**15**. A. enthusiasm B. memory C. respect D. demand

Period Three　Learning About Language（Grammar）

课内基础巩固

Ⅰ 单句填空（每小题 1.5 分，满分 15 分）

1. Lots of tourists slow down their steps to admire the grand _____ (sculpt) in the downtown central square.
2. The manager's request is _____ (complete) this project by the end of this month.
3. The project implies an enormous _____ (invest) in training.
4. I have given up my flat in Paris because I'm going to live _____ (permanent) in London.
5. The original intention was _____ (devote) three months to the project.
6. Whether we can get a pay rise next month remains _____ (see).
7. She led the visitors up some stairs and across a little _____ (arch) stone bridge.
8. Ben is very sensitive, and he just can't take _____ (criticise).
9. Architects seek to create buildings that are both _____ (visual) appealing and well suited for human use.
10. The library was built as a _____ (memory) to the famous writer who grew up in the town.

Ⅱ 语法与写作（每小题 3 分，满分 12 分）

1. _____ _____ and offer a large number of jobs to the society.（名词 + be to do）
   他的抱负是创办一家大的科技公司，为社会提供大量的工作岗位。
2. What we will do at present _____ _____ between our clients and ourselves.（be to do）
   我们现在要做的是建立我们和客户之间的信任。
3. When I passed the playground, she _____ _____.
   当我经过操场时，她好像在独自练习篮球。
4. She sat there silently, with nothing to do _____ her job interview.（except/but）
   她静静地坐在那里，除了等待求职面试的结果别无选择。

Ⅲ 语篇写作（每小题 2 分，满分 8 分）

Hello, everyone! My name is Li Hua. As a middle school student, I always have many things to do.

Firstly, my main task this term 1. _____ _____（是取得好成绩）. To achieve this, I spend more time on homework and review what I've learned every day. Also, I join the English club at school. My purpose of joining it 2. _____ _____（是提高英语听力和口语）. We practise English together by watching English movies and having discussions every Tuesday.

Besides study, I enjoy taking part in outdoor activities. My plan for this Sunday 3. _____（是和同学们去爬山）. It's a good way to exercise and get close to nature.

As the class monitor, my responsibility 4. _____（是维持班级秩序）and help my classmates when they need it. I believe these experiences will make my school life more meaningful.

课后素养提升

Ⅳ 阅读理解(每小题2.5分,满分10分)

[2026·福建莆田高二期中]

If someone asked whether you like the arts, you'd probably say you do—at least in theory. According to a survey, more than two-thirds of US adults say the arts "lift me up beyond everyday experiences". However, only 30 percent attended a concert of any type in 2017; 23 percent went to an art museum. Fewer than half actively created art of any kind.

The mismatch can boil down to the fact that we are weighed down by our day-to-day responsibilities, leaving our schedule packed. Maybe you like to play a little background music while you work or do the chores, but even before the pandemic, most of us rarely, if ever, saw a live performance, let alone visited a gallery or watched a play.

Too often, we let the dull reality of life get in the way of the arts. But this is a mistake. The arts are the opposite of an escape from reality; they might just be the most realistic glimpse we ever get into the nature and meaning of life. If you make time for consuming and producing art—the same way you make time for work and exercise and family commitments—I assure you that you'll find your life getting fuller and happier. Think of a time when you heard a piece of music and wanted to cry. Or maybe your dizziness as you emerged from a narrow side street in an unfamiliar city and found yourself in a beautiful town square as if in a fantasy. They probably stimulated a sudden awakening, much like the shock from a lungful of pure oxygen after breathing in smoggy air.

If you are among the people who feel that art is pure pleasure to experience and participate in, you might see it as a luxury item, while a preferable attitude is to treat art less like a distracting pleasure, and more like exercise or sleep, a necessity. Then draw up a schedule of your art exposure journey, and gradually weave art into your everyday life.

( )**1**. What prevents people from enjoying the arts?

A. Shortage of time.

B. Avoidance of duty.

C. Lack of interest.

D. Art space unavailability.

( )**2**. What can we learn about the role of art according to the passage?

A. It explores mysteries of nature.

B. It sparks emotional responses.

C. It enhances physical well-being.

D. It offers a getaway from daily life.

( )**3**. What will be talked about next in the passage?

A. Ways to integrate art into routine.

B. Barriers to combining art and life.

C. Forms of distracting pleasures.

D. Benefits of engaging with art.

( )**4**. Which is the most suitable title for the text?

A. Art journey: from body to mind

B. Embracing art: from luxury to necessity

C. Art pursuit: transforming dull into full

D. Connecting with art: from reality to fantasy

Ⅴ 阅读七选五(每小题2.5分,满分12.5分)

Many would love a deep connection when looking at a painting or sculpture. But art can feel inaccessible, and museums can be hard to explore. Here are ways to have a meaningful connection when looking at art.

Keep an open mind

1. _____. Some artworks may be surprising; others might be a let-down. And that's OK. Allow yourself to feel however the art makes you feel. You can love it. You can hate it. You can cry, feel angry or laugh.

Pick a museum relevant to your interest

Boost your chances of finding something you connect with by going to a museum of your interest. If you're into climate change, pick one showing artworks inspired by Earth conservation. If you want to go to a museum just for the social media, do it. 2. _____.

Keep your museum visit short and focused

Art museums can be huge. So, be realistic about how long you spend there. You don't need more than an hour or two. 3. _____. Also, be strategic about what you want to look at. Decide whether you are looking for something new or you are returning to an artwork you've seen and loved.

4. _____

Once in front of an artwork you like, take time to observe qualities that may not come through on a computer screen, including texture and brushstrokes. 5. _____—and observe what's happening in the big picture. You can also move your body—take a finger to the air and trace the movement of the brushstrokes.

Appreciating how artists make sense of the world can open up new pathways and actually help you make a personal connection, enabling you to make sense of these things in your lives, too.

A. No judgement here
B. Really look at the art
C. Be mindful of your belongings
D. Share your insights with your loved ones
E. Take a few steps back, and stand in the centre
F. After that, it becomes "information overload"
G. Avoid having concepts about what you'll see before arriving

Ⅵ 语法填空(每小题 1.5 分,满分 15 分)

[2026·浙江绍兴高二期末]

Horse-themed paintings by renowned Chinese artist Xu Beihong were on display at a Beijing shopping centre earlier this year, 1. _____ (bring) classical Chinese works to people in an unusual venue.

Xu Beihong (1895-1953) was one of China's most 2. _____ (influence) modern artists and an art educator. He championed a balance between tradition and reform, shaping generations of Chinese artists. Mastering both Chinese and Western techniques, he created striking images 3. _____ integrating them harmoniously. This is best seen in his horse paintings, 4. _____ use freehand strokes and minimal outlines yet capture delicate postures and lively expressions.

For Xu, the horse carried symbolic weight. It 5. _____ (represent) his inner world, and more importantly, Chinese patriotism and 6. _____ (persevere) during the nation's fight against invasion. His love for his country going beyond his art, he held charity exhibitions and used his reputation among collectors and art lovers 7. _____ (raise) funds.

Xu 8. _____ (typical) painted horses running free, capturing an untamed spirit and boldness. Displaying such images, 9. _____ exhibition aims to inspire visitors and bring them good fortune in 2026, the Year of the Horse. Alongside his signature horses, visitors can also explore a variety of seals 10. _____ his unique calligraphy, with inscriptions that document the stories behind each piece.

班级
姓名
题号 答题区
阅读理解
1
2
3
4
七选五
1
2
3
4
5

Period Four　Using Language

课内基础巩固

Ⅰ 单词拼写(每小题1分,满分8分)

1. I woke up the next morning, thinking I would definitely be _____(批评).
2. In the picture, we can see that there are some _____(花瓶) made of china.
3. While he appreciates classical music, his taste leans more towards _____(现代的,当代的) pop.
4. The ancient temple is _____(值得……的) of being preserved as a cultural heritage site.
5. It is known to all that helicopters are mainly used for military rather than _____(民用的) use.
6. True friendship is not temporary; it's built on _____(永久的) trust and understanding.
7. His academic performance is well above average, but he is still _____(虚心的) and hard-working.
8. The painting will be a lasting _____(纪念物) to a remarkable late woman.

Ⅱ 单句填空(每小题1.5分,满分12分)

1. The _____(represent) elected from each department will take part in the conference this afternoon.
2. Given the necessary investment, this region is perfect for economic _____(expand).
3. This beautiful vase well shows the _____(artist) and technical level of China.
4. Her high grades guaranteed her _____(enter) into the top university's medical programme.
5. With the development of its economy, the town has changed beyond _____(recognize) in the last few years.
6. Booking in advance gives you a _____(guarantee) spot at the popular workshop.
7. The museum's latest _____(exhibit) showcases 100 masterpieces from the Renaissance Period.
8. The museum offers free _____(admit) to students with a valid ID card.

Ⅲ 短语填空(每小题2分,满分12分)

1. With practice, you'll master the piano _____(最终,迟早)—even if it seems difficult now.
2. Only a few years since his graduation, he _____(作为……获得认可) a famous professional manager in his industry.
3. Those sculptures looked very vivid as if they _____(被赋予生命).
4. Your mobile phone will be repaired free if it is still _____(在保修期内).
5. The environmental issue _____(值得) global attention, as it affects every living being.
6. When traditional methods failed, the team _____(转向) innovative technologies for solutions.

Ⅳ 句型训练(每小题3分,满分9分)

1. A growing number of Western designers are _____ in many ways. (find + 宾语 + 宾补)
越来越多的西方设计师发现自己在很多方面都受到了中国文化的影响。
2. He's decided to get a look at the house and see _____. (be worthy)
他已经决定去看一下那个房子,看看它是否值得买。

3. These rock paintings _____ _____ more than a thousand years ago. (be reported to do sth)
据报道,这些岩画是在一千多年前创作的。

课后素养提升

Ⅴ 阅读理解(每小题2.5分,满分10分)

[2026·重庆外国语学校高二期中]

Music plays a central role in human emotion and culture. It can connect people and express feelings across different societies. For centuries, thinkers like Darwin have been puzzled by music's profound effect on us. Why do we enjoy music so much? Why do certain sounds bring us such pleasure? Is our ability to appreciate it rooted in our biology? A recent genetic twin study, published in *Nature Communications*, suggests that music enjoyment is partly heritable (可遗传的).

To investigate whether genetic factors contribute to "music reward sensitivity"—the ability to feel pleasure from music—the team used a twin study design. The team compares identical twins, who share nearly all their genes, with fraternal twins, who share about half. If identical twins show more similar music enjoyment, it suggests a genetic link. Over 9,000 participants completed detailed questionnaires, where they rated their emotional responses to various melodies, reported general experiences of reward, as well as described their ability to hear musical elements like pitch and rhythm. The researchers then applied statistical models to analyse the data, ensuring that environmental factors like family upbringing were accounted for. This rigorous (缜密的) process allowed the team to focus on the specific influence of genetics on musical pleasure.

The findings confirmed that the ability to experience pleasure from music is partly heritable. Specifically, the researchers estimated that 54% of the differences in music enjoyment among individuals were linked to DNA variations. Crucially, they found that the genetic factors influencing music enjoyment were partly distinct from those influencing general pleasure from rewarding experiences or even basic musical abilities. Different genetic pathways were also found to affect various aspects of music enjoyment, such as using music for emotional regulation, dancing to a beat, or playing music with others.

"These findings paint a complex picture where different DNA variations contribute to various elements of music enjoyment," concluded Giacomo Bignardi, the lead author. This research opens up new possibilities for understanding how our genes shape our musical experiences. Future studies exploring specific parts of the human genome could help unlock the mystery of music, a human ability that fascinated Darwin and continues to charm scientists today.

( )**1**. Why does the author mention Darwin in Paragraph 1?
A. To prove music is a biological instinct.
B. To stress the lasting mystery of music.
C. To introduce *Nature Communications*.
D. To explain the evolution of musicality.

( )**2**. What can we infer about the twin study?
A. It focused on fraternal twins instead of identical ones.
B. It ignored participants' basic musical abilities.
C. It provides reliable evidence for genetic influence.
D. It has solved the long-standing mystery of music.

( )**3**. Which best describes the study's findings on music pleasure?

A. Its genetic system is quite independent.

B. Multiple genetic pathways are involved.

C. Musical skills dominate its heritability.

D. Emotional regulation decides pleasure levels.

( )**4**. What is the author's attitude towards the research findings?

A. Sceptical. B. Pessimistic.

C. Positive. D. Cautious.

Ⅵ 完形填空(每小题1分,满分15分)

[2025·广东深圳高二期中]

I whispered to myself, "A five-day art camp at White Cliff this summer." White Cliff was really __1__ for an enthusiastic painter like me. But at the __2__ of going there alone, I had butterflies in my stomach. Later, I dialed my only friend Emily's number, only to discover that she would be otherwise __3__. I sighed and dropped my head. I had really had a hard time jumping into something without __4__ faces around. __5__, I went outside to draw the Westons' towering pine tree. Sitting on the stairs, I thought about the art camp and wished to feel a little __6__. But by the time I started sketching, I had convinced myself that __7__ the camp was my content decision.

I carefully __8__ the pine's strong trunk, straight and solid, and added the graceful branches. Once lost in my sketching, I __9__ noticed the fly buzzing around me. Hence, I jumped when Mr Weston suddenly remarked, "You've captured the essence of the tree's __10__ beautifully on paper." "Thanks," I smiled, glancing up. "If you spread out the roots near the surface, the tree could __11__ sufficient water and soar even higher." I noticed the knobby bumps(疙瘩状突起) of roots __12__ out of the ground all around the tree. I'd never realized how __13__ a tree's roots stretched outward. It struck me that if I wanted to grow, I had to start __14__ too.

That evening, I filled out the art camp application, ready to stretch my __15__ out into new earth. I thought I am the pine.

( )**1**. A. unbelievable B. irresistible
C. uncontrollable D. irreplaceable

( )**2**. A. sight B. thought
C. request D. core

( )**3**. A. rejected B. attracted
C. occupied D. addicted

( )**4**. A. familiar B. gentle
C. confident D. beautiful

( )**5**. A. Delighted B. Relieved
C. Shocked D. Frustrated

( )**6**. A. cleverer B. luckier
C. happier D. braver

( )**7**. A. skipping B. attending
C. reserving D. delaying

( )**8**. A. wrote B. watched
C. drew D. cut

( )**9**. A. desperately B. narrowly
C. barely D. suddenly

( )**10**. A. magic B. function
C. mystery D. strength

( )**11**. A. supply B. fetch
C. absorb D. contain

( )**12**. A. sticking B. hiding
C. digging D. lifting

( )**13**. A. well B. far
C. deep D. long

( )**14**. A. reaching out B. growing up
C. showing up D. turning out

( )**15**. A. life B. roots
C. camp D. interests

Period Five　Writing

❶ 阅读理解(每小题 2.5 分,满分 10 分)

[2025·广东惠州高二期中]

The healing (治愈) environment in medical institutions is often a factor that is overlooked. Hospital Rooms, a pioneering UK-based charity, is standing out. Founded in 2016 by artist Tim Shaw and curator Niamh White, the organization is devoted to enhancing the quality of care in hospitals by integrating art into the fabric of healthcare environments.

The inspiration for Hospital Rooms was deeply personal for Shaw and White. A close friend of theirs was admitted to a mental health facility, and they were struck by the clinical environment, which was lacking in colour, creativity and warmth—an atmosphere they felt could slow down the healing process. This experience led to the idea that art could play a vital role in transforming these spaces, making them more conducive to recovery and well-being.

Hospital Rooms partners with leading contemporary artists to create site-specific work for hospitals, with a particular focus on mental health facilities. These collaborations (合作) are more than just decorative; they are deeply rooted in the healing effects of art. Research has shown that art can significantly reduce stress and anxiety, improve mood, and even aid in physical recovery. By introducing art into clinical settings, Hospital Rooms is not only enhancing the appeal of these spaces but also contributing to the overall well-being of patients.

Hospital Rooms' projects involve not just artists but also patients, staff, and the wider community. Before beginning any project, the organization conducts workshops with patients and staff to gather input and ideas. This approach ensures that the resulting artworks satisfy those who will live and work in these spaces. It also empowers patients, giving them a sense of ownership and involvement in their environment.

As Hospital Rooms continues to expand its reach, the organization remains committed to its core mission: to transform healthcare environments through the power of art. By doing so, they are redefining what care spaces can be—places not just of treatment, but of inspiration, comfort and hope.

(　)**1**. What does the underlined word "conducive" in Paragraph 2 most probably mean?

A. Similar.　　B. Related.

C. Equal.　　D. Beneficial.

(　)**2**. Why is the research conclusion mentioned in Paragraph 3?

A. To highlight leading artists' contributions.

B. To show the popularity of Hospital Rooms.

C. To prove the power of medical institutions.

D. To offer scientific support for Hospital Rooms.

(　)**3**. What can we say about Hospital Rooms' projects?

A. They are funded by patients.

B. They are highly collaborative.

C. They are especially eco-friendly.

D. They serve for scientific research.

(　)**4**. What can be a suitable title for the text?

A. Decorating hospitals with paintings

B. Medical institutions need rebuilding

C. Transforming clinical spaces through art

D. Doctors interact with patients in Hospital Rooms

Ⅱ 阅读七选五（每小题2.5分，满分12.5分）

［2025·湖北问津教育联合体高二期中］

Art exploration is not only fun and entertaining, but also educational. It allows youth to practise a wide range of skills that are useful not only for life, but also for learning. Here are some tips for growing your up-and-coming artist.

Talk with your child about their work. 1. _____ When we ask "What is it?", we are saying that it should look like something we'd recognize. Instead, ask open-ended questions like "Tell me about your picture". You can also describe specific things your child is doing by saying things such as, "You're making short lines. I see you are using red, green and blue."

Do what your child does. Instead of drawing your own picture, sit down with your child and do their actions. 2. _____ If your child concentrates on what you are drawing or how "good" your picture is, they are less likely to be imaginative and creative on their own.

3. _____ Instead of sitting down with a specific plan or outcome in mind, let your child explore, experiment and use their imaginations. They might make a big mess or change their mind several times—this is all part of the creative process.

Support, don't lead. Have you ever noticed that activities become much less fun when they are told by someone else? 4. _____ So let them decide what materials they want to use and how and when to use them. Maybe they want to peel (剥) the paper off a crayon and use it lengthwise on the paper, instead of writing with the tip.

Get your child creating and learning. 5. _____

A. It is the same case with kids.
B. Keep the process open-ended.
C. Don't shift their focus onto their drawings.
D. It's often hard to interpret a child's drawings.
E. Focus on the product, not the complex process.
F. All you'll need is a paintbrush and an open mind.
G. Make big or small lines, or practise drawing circles.

Ⅲ 语法填空（每小题1.5分，满分15分）

［2026·浙江金华发展共同体高二期中联考］

Paper-weaving painting is a traditional art form with a long history, celebrated especially in Gansu, China. The craft involves cutting an ink painting into thin strips (条), about 2 millimetres wide, 1. _____ serve as the "base strips". Plain rice paper, prepared in 2. _____ same way, is used as the "cross strips". These strips are woven together 3. _____ carefully that the connections between pieces are almost invisible.

This art requires exceptional skill and 4. _____ (precise), as the weaving allows the original painting and the rice paper strips to combine harmoniously. The result 5. _____ (highlight) the beauty of the painting and the craftsmanship behind it.

The craft gained further recognition through Wei Wei, an artisan 6. _____ (encounter) paper-weaving paintings in 1983. After years of practice, he developed a new style by introducing gold paper as the "cross strips". This innovation involves a 7. _____ (detail) 16-step process, including brushing the paper with gold, cutting, sorting, weaving, and framing.

Thanks 8. _____ Wei's efforts, gold paper-weaving painting has been 9. _____ (official) recognized as an intangible cultural heritage in Pingliang City. Wei has trained over 50 apprentices (学徒), ensuring that this treasured tradition 10. _____ _____ (pass) on to future generations. His dedication to the craft reflects the importance of safeguarding traditional arts.